



## Relationships, Sex and Health Education

### The change process

Consulting parents about the school Relationships and Sex Education (RSE) policy is a requirement of the new legislation which applies from September 2020.

Research with young people shows that they do want their parents to have a role in educating them about relationships and sex. Offering parents support with their role at home from the outset is good practise.

Here at Woolston Brook we will be informing parents about what the new Relationships, Sex and Health Education (RSHE) curriculum covers, inviting views on your current provision, and asking parents if they'd like more information about any of the topics to support discussions at home.

Consulting pupils about their views on your current provision is important too. Student surveys, activities in lessons or focus group discussions will be used.

As plans progress for how the curriculum will be updated and what resources will be used, parents will have an opportunity to see examples of teaching materials and how they are used in practice.

Parents will be informed that they have the right to request their child is withdrawn from Sex Education, but not Relationships Education, which is mandatory in both primary and secondary schools.

Communication with parents about RSE will be a regular, ongoing process.

Find below DFE guidance to secondary and primary RSHE for parents.

Questions and feedback always welcome

Please contact N. Smith

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